

Five Rules to Know ROWING



The Start

The race begins with the following signals. First, the race official starts with the “Attention” command. And follows with the “GO” command.

The Length

Every race is 2000 Meters straight-on.

The Finish

The boat that crosses the finish line first wins the race. The front of the boat is the determining part. In a close call situation, the winner can be decided by a photo finish.

The False Start

If a team leaves the starting mark before the starting sound, it is considered a false start. Each team is allowed one false start. In case of a second, the team is disqualified.

Lane Changes

Every boat has to stay in his lane, otherwise they will be penalized.