



TAEKWONDO

GLOSSARY



KICKS, PUNCHES AND BLOCKS

An-makgi

Outside-to-inside block using the outer forearm.

Arae-makgi

Lower abdominal block.

Dollyeo-jireugi

Turning punch.

Huryeo-chagi

Hook kick.

Makgi

Block.

Naeryeo-jireugi

Downward punch.

Yeop-chagi

Side kick.

Yop-makgi

Sideward block.

Ap-chagi

Front kick.

Chi-jireugi

Lift punch.

Dwi-chagi

Back kick.

Jireugi

Punch.

Meereo-chagi

Push kick.

Olgul-makgi

Face block.

Yeop-jireugi

Side punch.





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Cha-ryeot

Attention stance, standing still with feet together and hands at the sides.

Dobok

The uniform.

Gam-jeom

Point deduction.

Guman

End of the match.

Hoejon

Fight Round.

Joo Sim

Referee in Taekwondo.

Kyong-go

Warning.

Kye-sok

Continue, used to resume the match after a pause.

Shi-jak

Command to begin a match.

Cheong-song

Winner blue.

Dojang

The training hall.

Gibon-junbi

Ready position before starting the match.

Hogu

Chest Protector.

Hong-song

Winner red.

Kal-yeo

Separate!

Kyung nae

Bow, a sign of respect.

Kyorugi

Fight.

Tti

Belt.

