

# Five Rules to Know TABLE TENNIS



## Basic Gameplay

Table tennis is played by individual players (singles) or teams of two (doubles). Players must hit a lightweight ball over the net using small wooden paddles with rubberized surfaces.

## Serving and Ball Return

Players must allow the ball to bounce once on their side of the table before returning it to the opponent's side. If the ball does not land on the opponent's side or fails to be returned correctly, the opponent earns a point.

## Table Dimensions and Net

The table measures 2.74m x 1.525m, and the net is stretched across the center, dividing the table into two equal halves.

## Scoring System

Each set is played to 11 points, with a player or pair needing a two-point lead to win the set.

## Match Formats

Competitions can be played in singles, doubles or team events, offering a variety of formats in the sport.