

WHAT YOU NEED

Compound Archery

- Bow: Durable frame (1,5 to 2,5 Kg), cams for mechanical assistance, let-off for easier draw holding
- Sight & Scope: Adjustable sight with magnification for precise aiming.
- Release Aid & D-Loop: Replaces finger shooting; ensures consistent and smooth releases.
- Stabilizers & Dampeners: For balance and reduced vibration.
- Arrow Rest: Fall-away or blade rest for stability during the shot.

Recurve Archery

Recurve archery emphasizes consistency and form, with simpler mechanics compared to compound archery. There is no use of cams, release aids and scopes for precision and ease.

Arrow

- Carbon or aluminum-carbon composite, tailored in length and spine (Length: 66 - 81 cm, Weight: 16 - 32 g)
- Precision nocks, screw-in or glue-in points, and fletching for stability.

The Outfit

Archers wear fitted clothes to avoid obstructions and ensure freedom of movement. Some archers wear arm & chest guards to protect them from string contact.

THE TARGET FIELD

